



ICE PAINT

One thing we know about summer is that it is hot! A great way to cool off from the summer heat is by creating paintings with your little one using ice.

This is a great way to **PLAY** with your little one as you **TALK** about the summer heat and get creative.

Materials Needed:

- Ice cube tray
- Water
- Food coloring (whatever colors you and your little one prefer)
- Popsicle sticks
- White paper (Construction paper would be best since it is thicker)
- Pipe cleaners

How to Paint with Ice:

1. Evenly put water into your ice cube tray.
2. Add a small drop of food coloring to an individual ice cube slot.
3. Repeat this step with all of the colors to create as many ice cubes as you would like.
4. Mix the food coloring into the water.
5. Place a popsicle stick into each ice cube slot.
6. Freeze the water for at least 4-6 hours or overnight to create ice.
7. Gently pull on the popsicle stick to remove the ice cube from the tray.
8. Place something down on the table to put the white paper on.
Food coloring can stain!
9. Take the popsicle stick with the colored ice and move it around on the white paper to create a beautiful painting.



Image from Easy Peasy and Fun Blog

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