



GROW YOUR Own Plant!

One of the most exciting parts of spring is seeing all the plants start to blossom and grow again. With this activity, you and your child can grow something on your own! Find some seeds, plant them, and see what grows!

Materials Needed:

- Flower pot
- Potting soil
- Your favorite seeds

Optional Materials:

- Paint
- Paintbrush
- Your favorite decorating materials

Grow Your Own Plant:

1. Let your child decorate the flower pot however they want.
2. Scoop some soil into the flower pot until it is almost full.
3. Place a few seeds on top, and then add another layer of soil and gently press it down.
4. Water your plant and wait for it to grow!

Image from Bear & Lion (blog)

Does your child want to learn more about how plants grow? Check out a book from the Library to READ and then TALK with your child about the process.

Be sure to check the seed packet to see if your plant will grow best in the sunshine or the shade.



Share your plant's progress by tagging us on Facebook or Instagram (@First5Lex)!

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