



# HEART-SHAPED Binoculars

It's February, which means Valentine's Day is upon us! This is a great way for you and your child to **PLAY** while celebrating the holiday. This simple activity can be made with household items. The binoculars are also really fun to use once you're finished!

## Materials Needed:

- 2 empty toilet paper rolls, or a paper towel roll cut in half
- Paint
- Paint brushes
- Yarn
- Hole punch



Image from Housing A Forest (blog)

## Making your heart-shaped binoculars:

1. Shape the toilet paper rolls into hearts by pinching one part of the edge, and then flattening the roll so that there is a fold from one end of the tube to the other. This fold will be the top of the heart. Hold the fold and shape the two "bumps" of the heart. Once formed, pinch the roll to make the bottom point of the heart. To make sure the heart keeps its form, flatten the whole tube for a few seconds before decorating.
2. Let your child decorate the binoculars!
3. While the tubes are still wet, use a little bit of tape to stick the two rolls together. The drying paint will also act as an adhesive.
4. Once the tubes have dried, punch holes on both sides of the binoculars with a hole punch.
5. Thread the yarn through the holes to make a necklace.
6. Having fun wearing your new binoculars!

Share pictures of your child with their binoculars by tagging us on Facebook or Instagram (@First5Lex)!